IMMUNIZATION LETTER FOR STUDENTS

A MESSAGE FROM HUMBER HEALTH CENTRE

PLEASE READ CAREFULLY: Remember – Being ready is your responsibility!

Welcome to the Humber Institute of Technology and Advanced Learning and the University of Guelph-Humber! Here are some suggestions to simplify your immunization process. Once your record is complete and submitted to the Health Centre you will receive your placement passport which is required to attend placement.

Each program has different immunization requirements so please ensure you have downloaded the correct immunization form for your program.

Please note you must complete your immunization record prior to beginning your clinical placement. The following is needed to complete your immunization record:

- **A Two step TB skin test (TST)**
  A two-step TB skin test is required, within 3 months of starting the program. If you have ever had a two-step TB test in the past, please provide documentation.

  The two-step skin test is conducted as follows:
  - An initial skin test (5TU PPD) is given. The test is read 48-72 hours later. If this test is negative, a second test is given in the opposite arm at least one week and no more than three weeks after the first.

  An annual one-step TB skin test will be required each returning year.

  If you have a positive TB skin test or have had one in the past, please provide
  1) documentation of TST results
  2) chest x-ray results
  3) letter from physician including chest assessment stating whether you are free from signs and symptoms of TB
  4) further TB skin testing NOT required

- **Measles, Mumps, & Rubella (MMR).**
  Dates of two MMRs are required. If you cannot provide proof of MMR vaccination, a copy of blood test results proving immunity to measles, mumps, and rubella is required. If the blood test does not show full immunity, two MMRs, one month apart are required. If you have proof of one MMR and one measles, a booster MMR is required. Must be done after the TB skin testing is completed.

- **Tetanus, diphtheria, and pertussis vaccination (Adacel or Boostrix).**
  Proof of one adult dose of Adacel or Boostrix is required as an adolescent (age 14-18) or adult. Even if you have a current dose of Td done in the last 10 years you will need one dose of Adacel done in adulthood. Adacel may be given at any time after receiving tetanus and diphtheria (Td). There is no wait time required. A Td booster is required every 10 years.
- **Varicella (Chickenpox).**
  A *copy of blood test results* showing immunity/non-immunity is required regardless of history of illness. If you are not immune to chickenpox, you will require 2 doses of the varicella vaccine, one month apart, **before your placement begins**.

- **Hepatitis B.**
  A *copy of blood test results* proving immunity to hepatitis B is required. If not immune, you may require a booster dose **OR** 3 Hepatitis B vaccines if you have never been vaccinated. At least 2 doses of the vaccine are required for clinical placement.

- **Influenza Vaccine (Flu).**
  Annual flu shots are **mandatory for Health Science** students. You must submit proof to the Health Centre.

The North campus health centre is open from 8:30 to 4:30 Monday to Friday. We are offering a reduced cost ($15) for issuing passports from May to August. The price increases to $35 after August. Mask fitting will be available on campus. Please check the Health Sciences or Health Centre websites for updates on mask fitting as well as immunization forms.

If you have any questions please call (416) 675-6622 North Campus X4533 or drop by A107 to speak to a nurse. For Lakeshore Campus call X3234 or see the nurse in H206.

[www.humber.ca/health](http://www.humber.ca/health)

[http://healthsciences.humber.ca/](http://healthsciences.humber.ca/)